



Skills Assessment

The purpose of this form is to get a general idea of a community member's comfort with technology and to measure any change in their comfort over the course of their work with the digital navigator program.

- 1. Name of Community Member*:
- 2. Date of Assessment*:

Frequency of Technology Use

- 3. On average, how often do you use the internet (for any purpose)?
 - Several times a day
 - Once a day
 - A couple times a week
 - Once a week or less
 - o l'm not sure
 - I don't use the internet
- 4. On average, how frequently do you check your email?
 - Several times a day
 - Once a day
 - A couple times a week
 - Once a week or less
 - o l'm not sure
 - I don't have an email address
- 5. On average, how often do you use social media such as Facebook, Twitter, or Instagram?
 - Several times a day
 - Once a day
 - A couple times a week
 - Once a week or less
 - o l'm not sure
 - I don't use social media

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Confidence Using Technology

Please indicate your level of confidence using the internet to perform the following tasks.

| | Very confident | Somewhat confident | Not too confident | Not at all confident |
|--|----------------|-----------------------|----------------------|-------------------------|
| Searching for information | 0 | 0 | 0 | 0 |
| Searching for and applying for jobs, including creating and submitting a resume | 0 | 0 | 0 | 0 |
| Finding reliable information about a health or medical condition | 0 | 0 | 0 | 0 |
| Accessing online banking or financial services | 0 | 0 | 0 | 0 |
| Taking a course or training materials to improve your job skills | 0 | 0 | 0 | 0 |
| Accessing or applying for government services | 0 | 0 | 0 | 0 |
| Finding educational content and information | 0 | 0 | 0 | 0 |
| Using a video application, such as Zoom | 0 | 0 | 0 | 0 |
| Using a word processing application, such as Google Docs or Microsoft Word, to create a document | 0 | 0 | 0 | 0 |
| Shopping online | \bigcirc | 0 | \bigcirc | 0 |
| Finding tools to keep my information safe and secure online | 0 | 0 | 0 | 0 |

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- 6. What else do you use the Internet for?
- 7. Would you like to learn more about any of the previously mentioned topics?
 - o Yes
 - o No
- 8. If yes, which topics? (Check all that apply)
 - Using the internet to find out about events in my community
 - Using the internet to connect with family and friends
 - Using the Internet for entertainment (e.g. streaming TV and movies, YouTube, video games)
 - Using the Internet for work or school
 - Using the Internet to search for job opportunities
 - Using the Internet to schedule telehealth appointments
 - Using the Internet to check my bank account
 - Keeping my information safe and secure online
 - Other (please describe)
- 9. What device(s) do you use to connect to the internet? (Check all that apply)
 - Smartphone
 - Tablet
 - Chromebook
 - Laptop
 - Desktop
 - Other (please describe)
- 10. What device do you use most?
 - Smartphone
 - Tablet
 - Chromebook
 - Laptop
 - Desktop
 - I don't have a device
 - Other (please describe)

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